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ABSTRACT OF THE DISCLOSURE

An exemplary shoe support system is provided to
5 facilitate a support of an ankle of a foot. The support
system can include a sole inliner, a coupling, a back
inliner, and an upper. The coupling allows movement
between the sole inliner to the back inliner, while the
upper adjustably secures the sole inliner and back
10 inliner to the foot. The upper, the sole inliner, the
coupling, and the back inliner are operable to resist
lateral movement of the ankle while permitting
dorsiflexion and plantar flexion movement in the foot,
and can be configured for integration within a shoe or
15 serve as the shoe. In another configuration, the support
system can include a cover, which surrounds the upper,
the sole inliner, the coupling, and the back inliner.
Additionally, a biasing member can be incorporated with
the coupling to urge a predetermined angle between the
20 sole inliner and back inliner.